

# The Home of Good Indian Food

# **INDIAN RESTAURANT**

75-77 MAUNGANUI ROAD, MOUNT MAUNGANUI PH/FAX 07-575 2539

**SUMMER: OPEN 7 DAYS MONDAY – SUNDAY** 

WINTER: OPEN 7 DAYS MONDAY - SUNDAY

**DINNER: 5.00 PM TILL LATE** 

### DAIRY FREE AND GLUTEN FREE OPTIONS LARGE SELECTION OF VEGETARIAN DISHES

#### **NAMASTE**

Welcome to the Bombay Brasserie. We trust that you will enjoy a truly unique and distinctive dining experience whilst indulging yourselves with the true taste of fine Indian cuisine.

### THE FLAVOUR OF INDIA

From the seemingly infinite diversity of culinary creations existing throughout the Indian subcontinent - we have chosen to present some of the more characteristic, yet legendary dishes. The common term "curry" is an English adaptation of the Tamil word "kari" - meaning in effect - a "seasoned sauce" and traditionally never applied to identify Indian cuisine as a whole.

Incredibly varied, Indian cuisine is a combination of many nationalities and cultures. The most elaborate dishes come from the north and were inherited from the invading Persian Moguls. Pulaos and Biryanis are rich and lavish due to the ingredients used - an abundance of meat, ghee, nuts and saffron. The north Indian Kormas with their savoury sauces, kebabs and tandoori dishes, complemented by home made wheat breads such as Chappatis, Parathas and Naan, are world renowned. Hot, spiced tea is the favourite drink in the cold north Indian winter.

In southern India, where for the most part, people are vegetarians, rice is the staple food and is served throughout the meal. The dishes are also hotter than the northern dishes with chillies being a popular ingredient, as well as large amounts of coconut oil and coconut milk. Southern Indians prefer steamed food rather than the barbecued tandoori food so popular in the north and the favourite beverage is freshly roasted, ground coffee with sugar and milk. The Nilgiri Hills in the south are famous for producing some of the world's finest coffees.

# **SPICES OF LIFE**

Around 5000 years ago, the Himalayan Sages conceived the use of spices and herbs as a natural means to balance the metabolism of the body. Some spices were "heat producing"; others were "cooling".

The knowledge became part of Ayurveda - the Hindu "Science of Medicine" - eventually surfacing as taste giving ingredients in Indian cooking and it is the variety, the combinations and the myriad uses of spices that distinguishes Indian cooking from any other cuisine in the world.

The origin of the popular aphorism "The Spice of Life" can perhaps be traced to those ancient times.

#### **TANDOOR - A TIMELESS TRADITION**

Indian villagers still use the traditional mud stoves and clay ovens, fed with coal or firewood, giving the food a special smoked flavour.

One such oven is the "Tandoor". Shaped like a barrel with live coals at the bottom, the cylinder becomes evenly heated.

The food, prepared first in a special marinade, is spiked on long metal rods and inserted into the oven for roasting.

The Tandoor was introduced into India from the Arab world prior to the 13th century.

### **ROTI**

The chorus of 1 billion Indians? Roti! It is the most commonly spoken word. It means bread.

ROTI: Originally, the name applied to ground whole wheat dough roasted over an open fire on a "Tava" or cast iron plate.

PURI: A Chapati, deep fried in ghee (clarified butter).

PARATHA: Roti, lightly fried on a "Tava" sprinkled with oil, rather than deep fried like the Puri. A thicker layered Roti of richer taste, which permits a number of stuffings to be used for further enhancing the taste and nutritional value.

NAAN: The Persian word for Roti, generally applied to refined, white bread made with flour (Maida).

TANDOORI and TANDOORI NAAN are those breads roasted in the Tandoor.

The variety of Indian breads is enormous and differs from region to region.

SHURU	AAT 🕸 E	NTREE	
VEGETABLE SAMOSA     V  Short pastry pockets filled with green peas & spices, served with home-made sauces. Two pieces per portion.	\$9.50	9. MIXED PLATTER FOR 2 A combination of Samosas, Pakoras, Choosa Tikka & Seekh Kebab.	\$26.90
2. AWADHI SEEKH KEBAB GF A speciality from the kitchens of the "Nawab of Rampur". Lamb mince with onions & spices, skewered and cooked in	A combination of Samosas, Pakoras, Cauliflower Pakora & Onion Bhaji.	\$25.90	
the Tandoori oven.  3. CHOOZA TIKKA GF  Boneless chicken fillet marinated overnight & cooked in the Tandoori oven.	\$19.00	11. ONION BHAJI V Sliced onion dipped in spicy chickpea flour batter & deep fried. Served with dipping sauces.	\$9.00
<b>4. MALAI TIKKA</b> GF  Fillets of chicken marinated in yoghurt, crushed cashews,	\$20.00	Home-made cheese dipped in spicy chickpea flour batter & deep fried. Served with dipping sauces.	\$19.00
spices & then cooked in the Tandoor.  5. SHRIMP PAKORA GF Shelled shrimps dipped in spicy chickpea flour batter & deep	\$20.00		\$27.90 \$19.90
fried. Served with dipping sauces. Eight pieces per portion <b>6. NIMBU MACHLI TIKKA (FISH TANDOORI)</b> GF  Fillets of fish soaked in exotic fine spices & yoghurt, cooked	\$24.50	<b>14. KESRI PANEER TIKKA</b> Cubes of Paneer, onion, & capsicum marinated with ginger, garlic paste & then roasted in the Tandoor.	\$23.00
gently in the Tandoori oven with a generous squeeze of lemon.  7. VEG PAKORA AMRITSARI  V Mixed vegetables, dipped in masala & deep fried with	\$9.50	<b>15. PANEER CHILLI</b> Cubes of Paneer marinated with cornflour &spices, tossed with capsicum, onion & sweet and sour sauce. Finished with fine flour	\$21.50
chickpea flour batter. Four pieces per portion.  8. MEAT PLATTER FOR 2  Combination of Chooza Tikka, Seekh Kebab, Malai Chicken	\$27.90	46. 1/50 1441/6/11/19/41	\$21.00
Tikka, & Shrimp Pakora. A delightful combination for the meat lover.		<b>17. TANDOORI PRAWN</b> Prawns marinated in spices, ginger, garlic, lemon juice & slowly roasted in the Tandoor. Ten pieces.	\$23.00
RASOEE <b>◈</b> KH	IANA Fro	m the Curry Kitchen	
All Curry Ma	ins served	with Basmati rice.	

All Curry Mains served with Basmati rice.

**GF= Gluten Free** V= Vegan

# **GOAT MAINS \$29.00**

18. GOAT CURRY	GF	22. GOAT PASANDA	GF
Diced boneless pieces of goat cooked with chef's spices. A B Brasserie signature dish.	ombay	Diced goat lightly sautéed in onions, garlic, ginger, corian- tomatoes, with spices, yoghurt, cream and crushed almoi	
19. GOAT SAGWALA	GF	23. GOAT DO PIAZA	GF
Diced goat cooked in fresh spices and a puree of green leafy	spinach.	Diced goat with sautéed onions & spices. A popular dish.	
20. BAKRA ROGANJOSH	GF	24. GOAT MASALA	GF
A popular preparation from North India. Brown gravy is used	d to finish	Diced goat with capsicum, tomato, cashews, cream & spic	ces.
the pot roast; garnished with julienne ginger.		25. GOAT KORMA	GF
21. GOAT JALFREZI	GF	Diced goat cooked in a sauce of almond paste, cream & s	pices.
Diced goat cooked with spices and vegetables.		<b>26. KADAI GOAT</b> Boneless pieces of goat meat cooked with crushed tomat onions, fresh coriander & chillies.	<b>GF</b> oes,

LAMB MAINS \$28.50 BEEF MAINS \$27.00

<b>27. LAMB / BEEF VINDALOO</b> A typical Goanese style dish cooked in vinegar & whole spices.	GF	<b>33. LAMB / BEEF MADRAS</b> A hot South Indian dish, cooked to suit your palate. Fin	<b>GF</b> ished with	
28. MUTTON 'ANARKALI' (MUGHLAI)	GF	coconut cream.		
Anarkali - the dancing girl that almost stole the Mogul throne. Tender morsels of lamb, sautéed with onions, tomatoes & chopped mint		<b>34. LAMB / BEEF JALFREZI</b> Diced lamb / beef cooked with spices & vegetables.	GF	
leaves sprinkled onto dish.		35. LAMB / BEEF PASANDA	GF	
<b>29. LAMB / BEEF ROGANJOSH</b> A popular preparation from North India. Brown gravy is used to finish		Diced lamb / beef lightly sautéed in onion, garlic, ginger, tomatoes, & cooked with spices, cream & crushed almonds.		
the pot roast; garnished with julienne ginger.		36. LAMB / BEEF DO PIAZA	GF	
<b>30. LAMB / BEEF KORMA</b> Diced lamb / beef cooked in a creamy sauce made of almond	<b>GF</b> & cashew	Diced lamb / beef cooked with sautéed onions & spices popular dish.	s. A	
paste, cream & spices.		37. LAMB / BEEF NAWABI	GF	
31. LAMB / BEEF SAGWALA	GF	Diced lamb / beef cooked with egg & spices.		
Blended to perfection in Mughlai tradition. Diced lamb / beef in fresh spices & a puree of green leafy spinach.	cooked	<b>38. LAMB / BEEF MASALA</b> Diced lamb / beef cooked with capsicum, tomato, cash	<b>GF</b> ews, cream	

& spices.

GF

32. BHUNA LAMB / BEEF

Diced lamb / beef cooked with ginger, garlic, onion & spices.

Diced lamb / beef cooked with capsicum, tomato, cashews, cream

# RASOEE ♦ KHANA From the Curry Kitchen continued

# **CHICKEN MAINS \$27.00**

#### 39. BUTTER CHICKEN

GF

A chicken delicacy half cooked the tandoori way, the other half finished the curry way. A creamy tomato flavoured curry with a touch of pepper for a delicate palate.

#### **40. MURGEE MADRAS**

**GF** 

Coconut flavoured South Indian curry usually very hot but we can prepare it to suit your palate.

#### 41. CHICKEN VINDALOO

A Goanese style dish cooked with vinegar & spices, tempered with mustard seeds.

#### **42. CHICKEN JALFREZI**

48. CHILLI CHICKEN

A popular dish of chicken pieces battered in egg & cornflour, & cooked with capsicum, onions & spices.

Blended to perfection in Mughlai tradition. Boneless chicken

Boneless chicken cooked with ginger, garlic, onion & spices.

Boneless chicken cooked with crushed tomato, onions, fresh

cooked in fresh spices & a puree of leafy spinach.

**GF** 

Boneless chicken cooked in spices & vegetables.

#### 43. CHICKEN KORMA

Boneless chicken cooked in a creamy sauce made of almond paste, cream & spices.

## 44. CHICKEN TIKKA MASALA

A very popular dish. Boneless chicken cooked in a secret recipe of yoghurt & spices.

#### 49. CHICKEN PASANDA

**45. CHICKEN SAGWALA** 

46. BHUNA CHICKEN

**47. KADAI CHICKEN** 

coriander, & chillies.

GF

GF

GF

GF

Tender pieces of chicken lightly sautéed in onions, garlic, ginger, coriander, tomatoes with spices, cream & crushed almonds.

#### 50. MURG KALIMIRCH

Boneless chicken cooked with crushed black pepper and cashew & almond gravy.

HARY	ALI BA	GH 🕸 From t	he Vegetable Garden		
51. PALAK PANEER  Dry combination of spicy spinach & cottage ch		\$23.90	<b>65. MIXED VEGETABLE CURRY</b> Seasonal vegetables cooked in a gravy sauce wit garlic & spices. Non-creamy dish.	<b>GF</b> :h	\$22.90
<ul><li>52. SHAHI PANEER</li><li>Home-made cottage cheese in creamy tomato</li><li>53. MALAI KOFTA</li><li>Cottage cheese, potato, raisins, shaped into p</li></ul>		\$23.90 \$23.90	<b>66. VEGETABLE JALFREZI</b> Seasonal vegetables cooked with spices, onion 8 capsicum. Non creamy dish.	<b>GF</b> ⅔	\$23.90
balls, deep fried & served in a rich curry sauce coconut powder.	and dry		<b>67. SUBZI MALABARI</b> Seasonal vegetables pan tossed with gravy sauce finished in coconut cream.	<b>GF</b> e and	\$23.90
<b>54. BOMBAY ALOO</b> Diced potatoes with cumin seed & spices. A d	•	\$22.90	68. PANEER MAKHANI Diced cottage cheese cooked with cream and	GF	\$23.90
<b>55. ALOO GOB!</b> Cauliflower & potatoes cooked with onions &	<b>GF</b> spices.	\$22.90	perfected with butter sauce.	65	ć22.00
<b>56. ALOO CHOLE</b> Popular chickpea & potato curry in masala sau		\$22.90	69. PANEER BUTTER MASALA Home-made cottage cheese cooked in rich onion tomato & masala gravy with a touch of cream.	<b>GF</b> n,	\$23.90
<b>57. NAVRATAN KORMA (MIXED VEG.)</b> Seasonal mixed vegetables in almond based of Creamy dish	<b>GF</b> urry sauce.	\$23.90	<b>70. KADAI PANEER</b> Home-made cottage cheese cooked in onions, tomatoes, capsicum, coriander & spices.	GF	\$23.90
<b>58. PANEER MATTAR</b> Home-made cottage cheese & peas in curry sa		\$23.90	<b>71. MUSHROOMS MATTAR KORMA</b> Mushrooms & green peas cooked in a creamy sa	<b>GF</b> auce	\$23.90
59. TADKA DAL Yellow lentils sautéed with onions & garlic and with fresh coriander.	<b>GF</b> d finished	\$22.90	made of almonds, cashews, cream & spices.  72. PANEER JALFREZI	<b>GF</b>	\$23.90
60. DAL MAKHANI	GF	\$22.90	Home-made cottage cheese cooked with spices vegetables.	α	
Bombay Brasserie favourite, delicacy of whole lentils cooked with tomato puree & garlic enri creamy butter.			<b>73. PANEER METHI MALAI</b> Cubes of Paneer cooked with green fenugreek 8 finished in a creamy sauce.	GF	\$23.90
<b>61. DAL SAG</b> Lentils cooked with spinach & spices.	GF	\$22.90	74. MUSHROOM MASALA Mushrooms cooked with onions, tomato masala	<b>GF</b>	\$23.90
<b>62. DAL PUNCHMEL</b> Combination of 5 lentils cooked with ginger, g	<b>GF</b>	\$22.90	gravy cooked in spices.		
onions, tomatoes, spices & finished with coria	nder.		<b>75. PANEER DHANIYA ADRAKHI</b> Cubes of Paneer cooked in a creamy sauce with	<b>GF</b> ginger	\$23.90
<b>63. PALAK ALOO</b> Diced potatoes with a puree of leafy spinach 8	<b>GF</b> & spices.	\$23.90	& coriander. 76. MUSHROOM PALAK	GF	¢22.00
<b>64. KHUMB MATTAR</b> Mushrooms & green peas with garlic, cream 8	GF	\$23.90	Mushrooms cooked in a puree of spinach & spic		\$23.90

PTO FOR FISH MAINS

**GF= Gluten Free** V= Vegan

# RASOEE ♦ KHANA From the Curry Kitchen continued

# **FISH MAINS \$27.90**

#### 77. JHINGA (SHRIMP) MALABARI

Shrimps cooked in coconut & chopped capsicum.

#### 78. JHINGA (SHRIMP) SAGWALA

Shrimps cooked with spinach & spices.

#### 79. BUTTER SHRIMP

Shrimps cooked in a butter sauce finished with cream.

#### 80. JHINGA (SHRIMP) MASALA

Shrimps cooked with capsicum, tomatoes, cashews & spices.

#### 81. MACHLI (FISH) TAMATARWALI

Fish cooked with fresh tomatoes, herbs & fresh coriander.

#### 82. FISH JALFREZI

Fish cooked with spices & vegetables.

#### 83. FISH MASALA

Fish cooked in capsicum, tomatoes & onions with a masala sauce.

Basmati rice cooked with diced fresh vegetables.

VARIETY OF INDIAN BREADS						
84. NAAN Plain white flour bread.	\$5.00	<b>89. VEG PARATHA</b> Stuffed with spiced vegetables.	\$7.50			
<b>85. KEEMA-NAAN</b> Stuffed with spiced lamb mince.	\$7.50	<b>90. PANIR KULCHA</b> Stuffed with cottage cheese & spices.	\$7.50			
<b>86. NAAN MAKHANI</b> Bread stuffed with butter.	\$5.50	<b>91. CHEESE AND GARLIC NAAN</b> Naan stuffed with cheese & a touch of garlic.	\$7.50			
<b>87. GARLIC NAAN</b> A touch of chopped garlic.	\$6.00	<b>92. TANDOORI ROTI</b> Wholemeal bread.	\$4.50			
88. PESHAWARI NAAN Naan stuffed with dried fruit & nuts.	\$7.50	<b>93. ALOO PARATHA</b> Stuffed with mashed potato, coriander, spices & chopped onion.	\$7.50			

# SIDE DISHES (per serve)

### 94. SIDE DISHES (PER SERVE)

Pappadoms, Mint Chutney, Mixed Hot Pickle, Mango Chutney, Natural Yoghurt, Raita, Tamarind Sauce, Kechumber

\$4.00

Indian Salad \$6.00

RI	CE	Pι	JLA	O	8	ВΙ	RY	Al	NIES
----	----	----	-----	---	---	----	----	----	------

95. BASMATI RICE \$7.00 98. LAMB / BEEF / CHICKEN BIRYANI \$24.50

Plain basmati rice. Per serve: Tender cuts of meat cooked with basmati rice.

96. PEAS PULAO \$11.00 99. VEGETABLE BIRYANI \$23.50

Basmati rice cooked with sautéed brown onions, spices & green peas.

97. CHICKEN FRIED RICE \$23.50

Tender pieces of tandoori chicken, egg and diced onions

cooked with Basmati rice

# MAHARAJA KHANNA ♦ A BANQUET

# PRACTICALLY EVERYTHING! \$52.00 PER HEAD

ONLY AVAILABLE FOR TWO OR MORE

Mixed Platter of Entrée, Butter Chicken, Beef Korma **OR** Lamb Korma, Aloo Mattar Tamatar, Rice, Naan, along with a side dish platter of Mango Chutney, Mixed Pickle and Raita.

# **♦ VEGETARIAN BANQUET ♦**

#### \$50.00 PER HEAD

ONLY AVAILABLE FOR TWO OR MORE

Vegetarian Platter, Navratan Korma, Bombay Aloo, Aloo Mattar Tamatar, Rice, Naan, Raita, Mixed Pickle, Mango Chutney

FULLY LICENCED & BYO (WINE ONLY)
Service Charge \$10.00 per bottle.

**DOGGY BAG CONTAINER CHARGE - 70c per container** 

Visit our Website: www.bombaybrasserie.co.nz